VIVEKA IMPRINTS

A Chronicle Of Young Dreams

FEBRUARY



2025

VIVEKA FOUNDATIONS

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VIVEKA



V — **VALOUR**

Strength of mind & spirit that enables a person to encounter change.

I — **INTELLECT**

The capacity for knowledge

V — **VIGOUR**

Energy, drive & enthusiasm

E — **ENDURANCE**

ability to withstand hardship & adversity, both mental and physical

K — **KINSHIP**

a sense of belonging, camaraderie

A — **AUSTERITY**

simplicity and serenity

Republic Day Celebration – Honoring the Nation (26th January 2025)

The school celebrated Republic Day with great patriotism, beginning with the unfurling of the tricolor flag. The event featured cultural performances, speeches, showcasing the spirit of unity and discipline. NCC students also displayed an excellent parade, demonstrating their dedication and deep respect for the nation. Students paid tribute to the freedom fighters and reflected on the importance of the Constitution in shaping India's future.







एकता और अनुशासन









Farewell Ceremony – Bidding Adieu to Class 12

On 8th Feb, 2025, an emotional yet joyful farewell ceremony was organized for the outgoing Class 12 students. Juniors expressed their love and gratitude through performances, speeches, and memorable gifts. The event concluded with best wishes from the faculy of Viveka Foundations, encouraging students to step into the next phase of their journey with confidence and determination.











We will miss you



Book Fair – A Literary Treat

Viveka Foundations organized a grand Book Fair on (10th February 2025), inviting students into a world of knowledge and imagination. The event featured books across various genres, from fiction and non-fiction to academic resources. Students and teachers enthusiastically browsed through the collection, making the most of this opportunity to enhance their reading habits.









Art & Craft Exhibition – A Showcase of Creativity

17th Feb, 2025

The Art & Craft Exhibition was a vibrant display of talent, with students presenting their artistic masterpieces, handmade crafts, and innovative models. The exhibition was an inspiring platform for young artists to express themselves and share their creativity with the school community.













JEE/NEET/NDA Preparation Classes – A Step Towards Success

Understanding the importance of early preparation, our school has introduced special coaching classes for competitive exams like JEE, NEET, and NDA. With the guidance of Dr. Sai Jaganmohan and other esteemed faculty members of Viveka Foundations, students are being equipped with the knowledge and skills necessary to excel in these examinations.

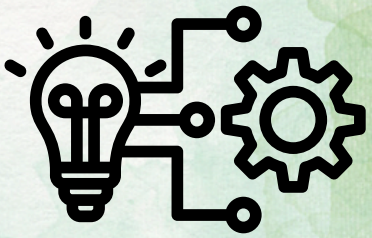


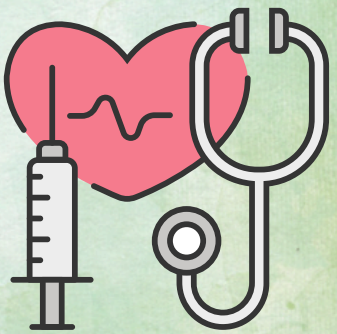
Dr. Sai Jagan Mohan

Incharge of Enrichment Endeavers: Mathematics & Sciences









Warming-Up Activities for Class 10 & 12 – Prepping for the Big Day

As board exams approach, Class 10 and 12 students participated in specially designed warming-up activities to ease stress and boost their confidence. These included interactive quizzes, revision marathons, and guided meditation sessions, ensuring students remain focused and motivated.



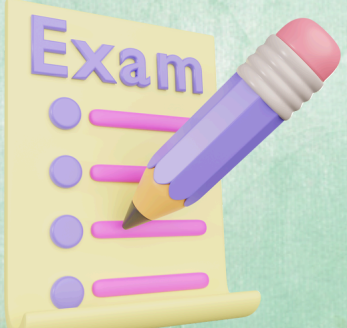
















Welcoming Class 12:
A Year of Aspirations and Achievements

As the Class 12 students step into their final year at Viveka Foundations, we extend a warm welcome filled with hope and encouragement. This year marks a crucial phase in their academic journey, shaping their future aspirations and career paths.

We encourage them to stay focused, embrace challenges, and make the most of this transformative year.

Here's to a year of hard work, determination, and success! Let's make it unforgettable!











Sant Ravidas Jayanti – A Tribute to a Spiritual Leader

On Sant Ravidas Jayanti, students learned about his teachings of equality, peace, and devotion. A special assembly highlighted his contributions, encouraging students to follow the path of righteousness and humility.











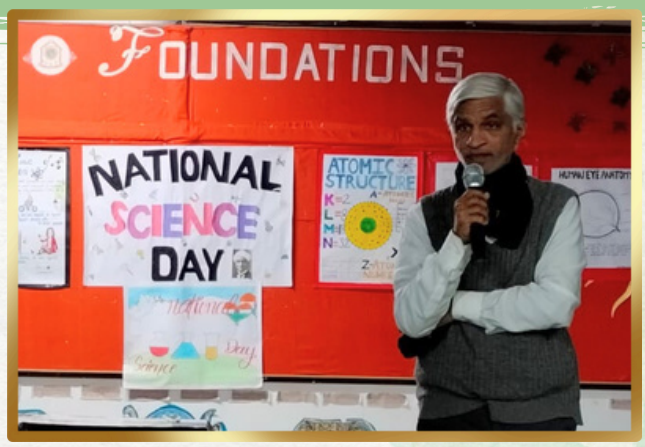
National Science Day – Igniting Young Minds

On the occasion of National Science Day (28th Feb., 2025), students engaged in various scientific experiments, model presentations, and interactive discussions on innovation and technology. The event aimed to foster a spirit of scientific inquiry and encourage students to explore the wonders of science beyond textbooks.

विवेका फाउंडेशंज स्कूल मनसिंबल में मनाया राष्ट्रीय विज्ञान दिवस

अनंत ज्ञान, डरोह। विवेका फाउंडेशंज वरिष्ठ माध्यमिक विद्यालय मनसिंबल में शुक्रवार को वैज्ञानिक सीवी रमन द्वारा रमन प्रभाव की खोज की स्मृति में राष्ट्रीय विज्ञान दिवस बड़े उत्साह के साथ मनाया गया। इस कार्यक्रम का उद्देश्य विभिन्न आकर्षक गतिविधियों और प्रयोगों के माध्यम से छात्रों में जिज्ञासा और वैज्ञानिक पूछताछ को जागृत करना था। उत्सव में विभिन्न कक्षाओं में व्यावहारिक प्रयोग शामिल थे। कनिष्ठ विद्यार्थियों ने रॉकेट बैलून प्रयोग और वॉकिंग वाटर प्रयोग जैसी विज्ञान गतिविधियों में भाग लिया। वहीं, वरिष्ठ विद्यार्थियों ने न्यूटन के गति के नियमों और अपवर्तन के सिद्धांतों का प्रदर्शन किया।





















Horse Riding : Saddle up fun

Expanding our horizons, our school has introduced an exhilarating new addition: horse riding! Tailored for students of diverse age groups, This new initiative reflects our commitment to providing diverse and enriching experiences that foster holistic development. Through horse riding, students will not only build physical strength and coordination but also cultivate discipline, confidence, and a deep appreciation for nature...!!











Shooting Classes:

"Bulls - Eye : Aim High...!!!

Viveka Foundations introduced shooting classes in collaboration with the esteemed Katoch Shooting Academy. Beyond honing marksmanship skills, these classes foster concentration, self-confidence, stress relief, and self-discipline among students. With many students excelling in this domain, we eagerly anticipate their participation at national and International levels, marking a proud milestone for our budding shooters.













Thrill and Adventure at Himalayan Adrenaline Park



At Viveka Foundations, adventure is a part of daily life! Students regularly engage in archery, tree climbing, quad biking, and more at Himalayan Adrenaline Adventure Park, building strength, confidence, and resilience.

These activities enhance fitness, focus, and teamwork, instilling fearlessness and a spirit of exploration. Through daily adventure training, students embrace challenges with courage and determination!



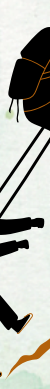






















FITNESS FIRST

Outdoor Adventures





At Viveka Foundations, we place great emphasis on outdoor activities to promote fitness and wellness among our students. These activities are integral to our holistic approach to education, ensuring that our students not only excel academically but also maintain a healthy and active lifestyle. Here are some glimpses of our vibrant outdoor programs, where students enthusiastically participate, fostering their physical well-being and cultivating a spirit of teamwork and resilience.



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At Viveka Foundations, students have the opportunity to engage in a variety of activities such as skating and karate, all under the guidance of trained professionals. These activities are designed to enhance physical fitness, instill discipline, and promote overall well-being. Our skating sessions are filled with excitement and energy, as students glide and perform with confidence.

Karate: Strength, Discipline, and Confidence

At Viveka Foundations, karate is more than just a sport—it's a way to build self-discipline, focus, and resilience. Through expert training, students learn self-defense techniques, improve physical fitness, and develop mental strength.

Regular belt grading tests and competitions provide opportunities to showcase skills and boost confidence. Karate instills values of respect and perseverance, empowering students to tackle challenges with courage and determination.



















"With Pride, Love, & Best Wishes!"



Viveka Foundations

ESTD.2005

A SCHOOL WITH A VISION
RESIDENTIAL & DAY BOARDING CO-ED SR.SEC CBSE SCHOOL
MANSIMBAL, PALAMPUR (H.P.)
SESSION 2024-2025



TOP ROW (FROM LEFT):
SHASHWAT SHARMA, ARMAN THAKUR, SAKSHAM THAKUR, PARAM MAHAJAN, NEERAJ BARWAL, SHASHANK BHARTI, RISHI RAJ, TANMAY PARMAR
ABHISHEK DHIMAN, RAKSHIT PATIAL, ARYAN KATOCH, ANISH MUKTA, ROHAN JAGGI, YUVAL KHARYAL, UDAY KATOCH.

SECOND ROW (FROM LEFT):
SURYANSH KATOCH, ARYAN WALIA, SURYANSH, NIHARIKA, SONAL, SONAL PATHANIA, KANIKA, SHIVIKA, KOMAL ROY, VANSHIKA,
NANDINI SHARMA, SHIVANSHI SHARMA, PIYUSH RANA CHANGRA, PRASHANT CHAUHAN, KESHAV THAKUR.

TEACHER'S STANDING (FROM LEFT):
HON. SUB. MAJ. KEWAL SINGH(PTI), MR. PRADEEP RANA (LIBRARIAN), MRS. SHIVANI THAKUR (PRT).

TEACHER'S STANDING (FROM RIGHT):
MR. SANJEEV KUMAR (PGT MATHS), MR. AJAY THAPA (PGT MUSIC), MRS. NEEJU (PET)

TEACHER'S SITTING (FROM LEFT):
MRS. SONAL CHAMBIAL (PGT GEO.), MRS. RAJNISH RANA (TGT), MRS. MANISHA DHIMAN (PGT POL. SC.), MRS. SUNAINA PATHANIA (PGT COMP. SC.), MRS. MAHIMA RANOUT (CSC IN-CHARGE),
MRS. SUSHMA SINGH (HEADMISTRESS), MS. ANKITA SOOD (PGT PHY.), MRS. NEERA CHAUHAN (PGT MUSIC), DR. SAI JAGAN MOHAN (IC SCHOOL ENRICHMENT ENDEAVOURS SCI.& MATHS),
MRS. KUSUM RANA (DIRECTOR AND FOUNDER PRINCIPAL), MRS. MANISHA AGGARWAL (PRINCIPAL), MRS. SUCHITA BALOURIA (VFS SYSTEM COORDINATOR),
MS. ARSHA RANI (PGT PSYCHOLOGY), MS. SAKSHI SHAROTRI (PGT ENGLISH), MRS. RUCHIKA MEHRA (PGT ENGLISH),MRS. ISHU RANA (PGT COMMERCE),
MRS. SHAILJA CHAUDHARY (PGT CHEM.), MRS. SHIKHA SHARMA (PGT BIO.), MRS. POOJA RANA (PGT COMMERCE).

As you step into a new chapter of life, the Viveka Foundations family sends you off with pride, love, and countless good wishes. This journey has been filled with learning, growth, and cherished memories, and now it's time to spread your wings and soar high. May you face every challenge with courage, embrace every opportunity with confidence, and chase your dreams with determination. Remember, you will always be a part of the Viveka Foundations family, and our best wishes will always be with you. Go forth, shine bright, and make us proud! ✨

"This is not the end, but a new beginning. Go and make your mark on the world!"



“ उठो..., साहसी बनो..., मजबूत बनो...!!!
अपने कंधों पर संपूर्ण जिम्मेदारी लो,
और जान लो कि तुम ही
अपनी नियति के निर्माता हो।”

- स्वामी विवेकानन्द

