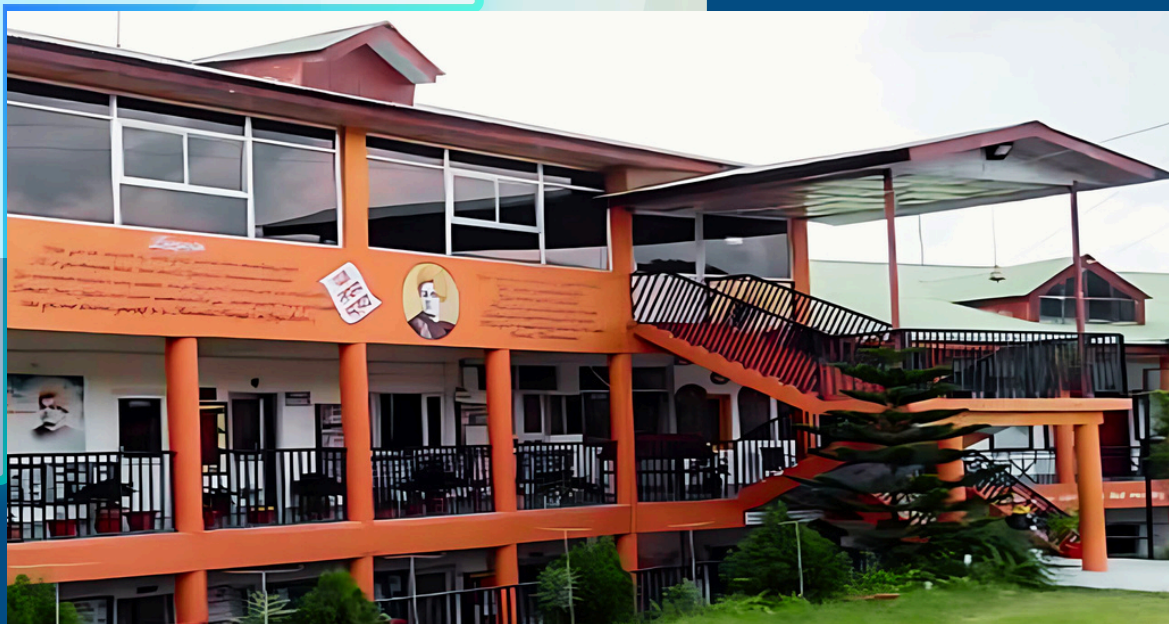




VIVEKA IMPRINTS

A Chronicle Of Young Dreams

JULY



2025



VIVEKA FOUNDATIONS



82191-35114



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VIVEKA

1

V

VALOUR

Strength of mind & spirit that enables a person to encounter change.

I

INTELLECT

The capacity for knowledge

V

VIGOUR

Energy, drive & enthusiasm

E

ENDURANCE

ability to withstand hardship & adversity, both mental and physical

K

KINSHIP

a sense of belonging, camaraderie

A

AUSTERITY

simplicity and serenity

What is Civic Sense?

"CIVIC SENSE BEGINS WHERE SELFISHNESS ENDS."

*Have you ever wondered why some cities are clean, disciplined, and peaceful while others struggle with chaos? The answer lies in one powerful idea — **Civic Sense**.*

Civic Sense simply means being responsible and considerate in our behaviour in public places. It's about understanding that we share spaces like roads, parks, buses, schools, and markets with others—and so we must act in ways that make those spaces pleasant for everyone.

What is Civic Sense?

Civic sense begins where selfishness ends."



"A Better Society where selfishness ends."

Why is Civic Sense Important?

"A BETTER SOCIETY BEGINS WITH BETTER CITIZENS."

Civic sense is the foundation of a well-functioning and respectful society. When people follow civic rules, everyone feels safe, respected, and valued.

Even one person with strong civic sense can inspire others to act better. Imagine if every student of our school followed civic sense daily — our school would be a model of discipline and harmony!

Keeps our surroundings clean and healthy

Creates a sense of pride in our community and nation

Helps us respect time, rules, and people

Encourages kindness and empathy

Reduces accidents and conflicts



RESPONSIBILITY



Playing one's part

UNDERSTANDING CIVIC SENSE

The basis for a harmonious and responsible community life



What is it?

Civic sense can be described as unselfish social attitudes that incline a person to care and respect others in society.

Importance of Civic Sense



CIVIC SENSE IN SCHOOL



Following instructions



Maintaining discipline



Helping others



Keeping the surroundings clean



Colours of Responsibility

"PAINT THE CHANGE YOU WISH TO SEE!"

To blend art with awareness, Viveka Foundations organized a Poster Making Competition centered on the theme of Civic Sense. Students from various classes enthusiastically participated, using bold colours and thoughtful symbols to express ideas of cleanliness, respect, and public responsibility. The activity served as a powerful reminder that creativity can be a strong tool for social change.



ADITI CHAUHAN
(xi)



KARMA & STANZIN SINGAY
(xi)

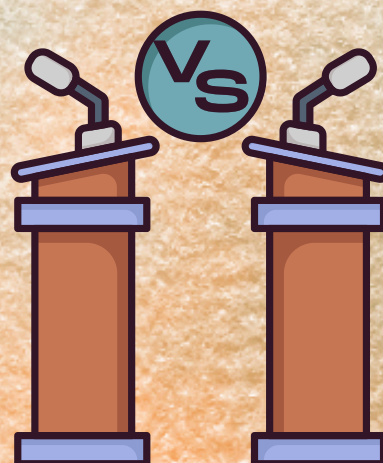


Speak for the Society

"VOICES RAISED FOR A RESPONSIBLE TOMORROW!"

DEBATE

The air was charged with energy as students took the stage for the Inter-House Debate Competition on Civic Sense. Thought-provoking arguments, counterpoints, and confident speaking defined the event, as participants discussed the role of youth in shaping a more responsible society. The debate not only sharpened oratory skills but also deepened understanding of civic duties.





Quiz for a Cause

"TESTED ON KNOWLEDGE, POWERED BY AWARENESS!"

**QUIZ
TIME**

Knowledge met excitement at the Inter-House Quiz Competition on Civic Sense. The quiz featured rounds covering rules, rights, duties, and day-to-day civic responsibilities. With buzzer rounds and quick-thinking moments, students showcased not only their intelligence but their awareness of being responsible citizens.



Civic Sense in the Classroom



"LEARNING CIVIC DUTIES – THE CLASSROOM WAY!"

Teachers at Viveka Foundations took initiative beyond textbooks by conducting interactive presentations on Civic Sense. Through real-life examples, visuals, and active discussions, students were encouraged to reflect on their daily habits and how they impact the community. The sessions successfully turned classrooms into spaces of value-based learning.



LEARN
AND
GROW



Civic Sense in Clicks

360°

EXPLORING GOOD CITIZENSHIP THROUGH A VIRTUAL LENS

At Viveka Foundations, we believe that civic responsibility starts with awareness. To instill these values in an engaging way, our students recently participated in a Virtual Tour on Civic Sense.

Through interactive visuals, real-life scenarios, and guided sessions, the tour helped students understand the importance of civic behavior in everyday life—from respecting public property to following traffic rules. The experience was not only educational but also an eye-opener for young minds, inspiring them to reflect on their role as responsible citizens in a modern society.

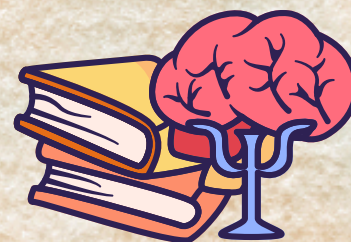


Mind Matters with Mr. Nadeesh Parmar

"STRONG MINDS, RESPONSIBLE LIVES!"

Dr. Nadeesh Parmar, Ph.D. scholar from the University of Delhi, conducted a powerful psychology session for students, emphasizing the connection between mental strength and civic behavior. The session focused on self-discipline, empathy, and the role of a healthy mind in building a healthier society. Students left the session inspired and more self-aware.





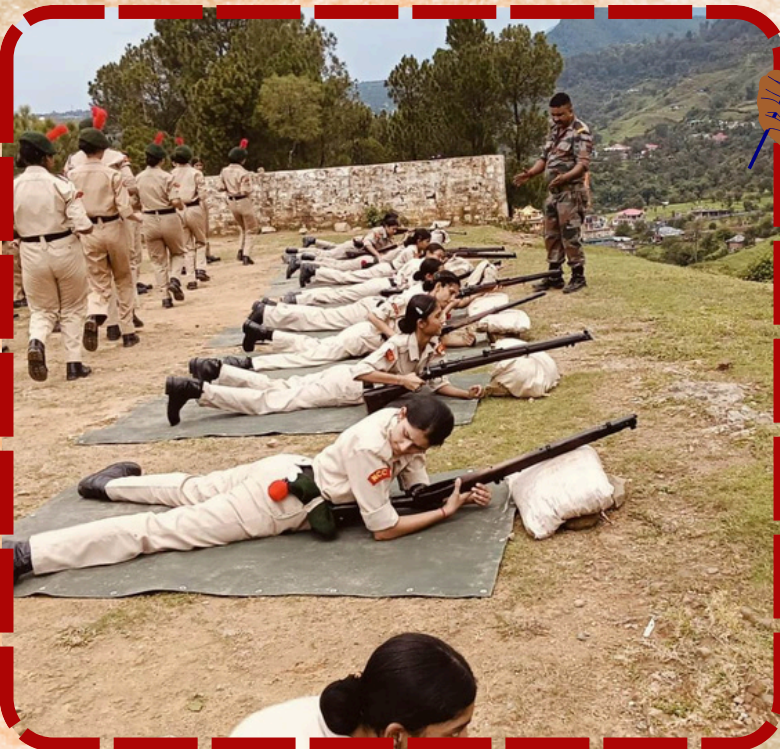
Cadets in Action



"DISCIPLINE. LEADERSHIP. SERVICE."

Students of Viveka Foundations proudly attended the NCC Combined Annual Training Camp (CATC) held at Jawahar Navodaya Vidyalaya, Paprola. This 10-day camp provided intensive physical training, group activities, and lessons in leadership and civic responsibility. Our cadets returned more confident, disciplined, and committed to serving the nation with pride.







NCC Brilliance Unleashed!

A SALUTE TO VIVEKA'S RISING CADET LEADERS

The NCC cadets of Viveka Foundations Sr. Sec. School, Mansimbal brought immense pride to the institution with their exceptional performance at the 10-day NCC Training Camp held from 11th to 20th July 2025 at Jawahar Navodaya Vidyalaya, Paprola, organized by 5 HP (I) NCC, Dharamshala.

Out of around 460 cadets, 22 participants from our school stood out through their discipline, commitment, and outstanding achievements. They underwent rigorous training in mock drills, firing practice, and map reading, while also showcasing their talents in sports and cultural events.

A special fire safety session by the fire brigade team educated cadets on handling emergencies like fires and earthquakes.

Team Achievements:

- 1st Position in Drama (Boys' Team)
- 2nd Position in Basketball (Girls' Team)
- 2nd Position in Group Dance (Girls' Team)

Rank Promotions:

- Dikshant Jamwal - Sergeant
- Aanvi Sharma - Corporal
- Pratiksha Chaudhary - Lance Corporal

The Founder Principal and Director, Mrs. Kusum Rana, congratulated all cadets for their remarkable achievements and spirit of excellence.

These accomplishments reflect the true essence of NCC — instilling discipline, leadership, and national pride in young minds.



Victory with Valor

NCC CADETS TRIUMPH ON THE BASKETBALL COURT

Adding another feather to their cap, the NCC cadets of Viveka Foundations secured a thrilling win in a basketball match during the ongoing CATC Camp at JNV Paprola.

The match was more than just a game—it was a showcase of teamwork, discipline, and sportsmanship, all values central to the NCC spirit.

We applaud our young champions for representing the school with grit and grace, bringing pride to the entire Viveka community.



VICTORY



Joy in Every Corner: Tiny Tots Carnival

WHERE LAUGHTER, LEARNING, AND LITTLE FEET MEET!

The vibrant spirit of childhood came alive at Viveka Foundations during the Tiny Tots Carnival!

Our youngest learners were immersed in a joyful blend of games, art, storytelling, music, and mini-rides, turning the school grounds into a lively celebration of wonder and fun.

The carnival wasn't just about enjoyment—it was thoughtfully planned to promote creativity, teamwork, and joyful learning.

Seeing the laughter and delight on every child's face reminded us that education begins with happiness















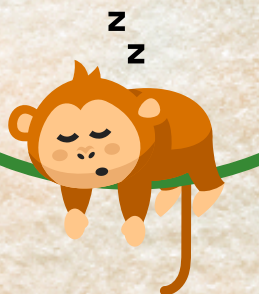
Exploring, Learning & Belonging:



A SPECIAL SCHOOL TOUR FOR OUR YOUNG LEARNERS

To help our little learners feel more at home, Viveka Foundations organized a special school tour for the Primary Wing. From the Jungle Gym to the Mini Zoo, the children explored every corner with curiosity and excitement. They also enjoyed a hearty lunch at the hostel mess, experiencing the warmth and care of the Viveka family. This tour helped build a strong connection with the school — making it not just a place to learn, but a place to belong. 🌟







ENJOY
life



☁ Monsoon Moments, Lifelong Skills

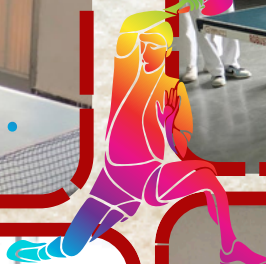
HOBBIES THAT GROW WITH THE RAIN



True to our belief in holistic learning, Viveka Foundations launched the Monsoon Hobby Clubs to make the rainy season a time of discovery and joy.

From skating and karate to cricket, table tennis, music, and more, students engaged in enriching experiences that honed their talents and kept their energies positively channeled.

These clubs provided not just recreation, but real-life skills and confidence that students carry with them beyond the school walls. Learning never stops—it just gets more fun!











🌸 A Legacy of Light

— CELEBRATING THE SPIRIT BEHIND VIVEKA

✨ *The corridors of Viveka Foundations echoed with warmth and admiration as the entire school family came together to celebrate the birthday of our revered Founder Principal & Director, Madam Kusum Rana. A symbol of strength, wisdom, and unwavering dedication, Madam's presence continues to inspire generations of learners and educators alike.*

Faculty members gathered with heartfelt wishes, floral tributes, and radiant smiles to express their love and respect. The occasion turned into a beautiful moment of unity and gratitude — a reminder of the visionary leadership that laid the foundation of this institution.

Here's to many more years of her graceful guidance, radiant energy, and motherly blessings that continue to shape the soul of Viveka Foundations.





Let's Party



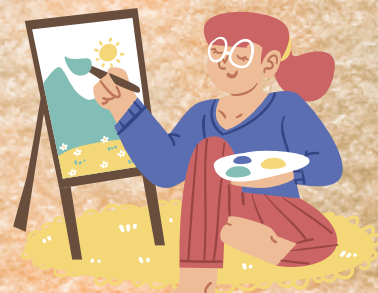
Discover. Create. Learn.

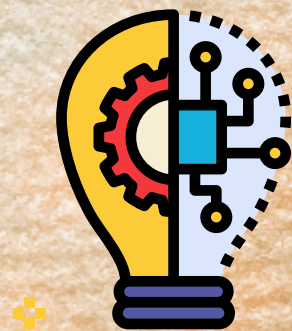
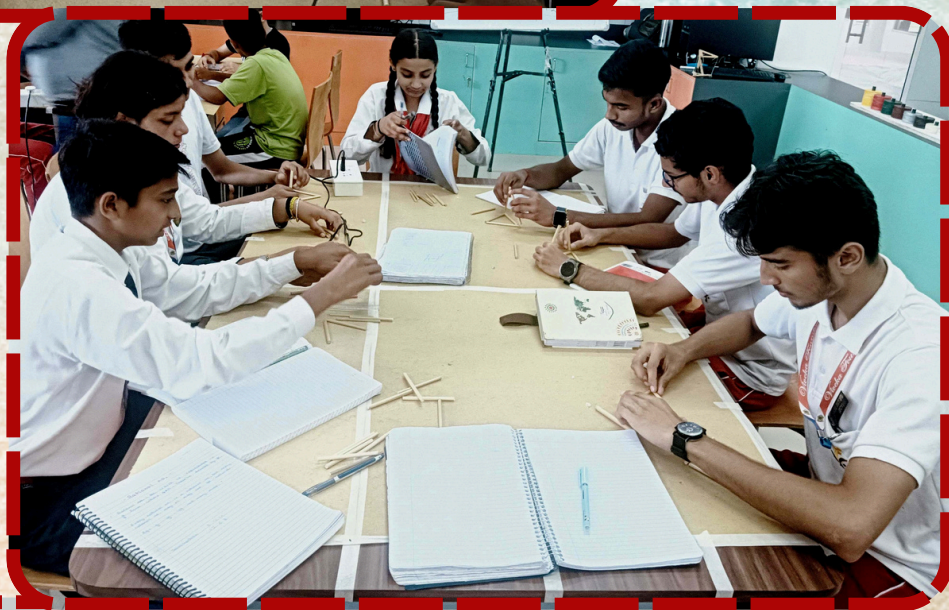
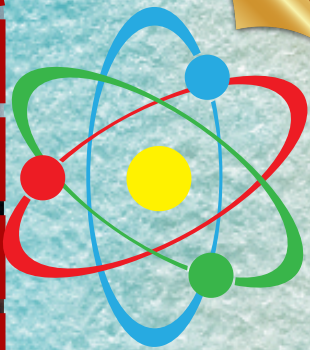
VACATION HOBBY CAMP AT PALAMPUR SCIENCE CENTRE

In a unique collaboration with Palampur Science Centre, Viveka Foundations turned summer break into an unforgettable journey of exploration and skill-building.

Through the Vacation Hobby Camp, our students engaged in a variety of hands-on workshops—from Scientific Toy Making, Astronomy, and Chemistry Experiments, to Photography, Art, and Telescope Making. This partnership provided a space where learning met imagination, allowing students to dive deep into science and creativity.

The camp beautifully reflected our aim: making education experiential, exciting, and beyond the classroom.





Learning Meets Discovery at PTM

PARENTS, PROGRESS & A PEEK INTO YOUNG SCIENTISTS' WORLD

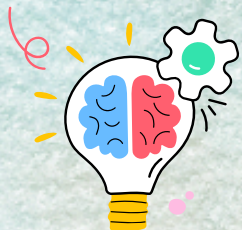
The Parent-Teacher Meeting for Classes 2 to 9 at Viveka Foundations was a meaningful exchange of ideas, progress, and future goals.

Adding a spark to the academic dialogue was a vibrant Science Exhibition curated by students, showcasing experiments, models, and concepts from their curriculum.

Parents not only got insights into their child's academic growth but also witnessed the creativity and scientific curiosity nurtured at school.

It was a day of collaboration, celebration, and shared pride!







Inside the World of Boarders

WHERE EVERYDAY LIFE BECOMES A BEAUTIFUL ADVENTURE

Step into the vibrant, lively world of our boarding house — a space that pulses with laughter, learning, and lasting friendships. 🌿✨

Here, each moment turns into a memory, each weekend a celebration, and every day offers something new to discover — from peaceful reflections and spirited games to joyful celebrations and thoughtful sessions.

As we open this special chapter, let's walk through the heartbeats of hostel life — where our boarders not only grow but thrive together.

HOSTEL



Civic Sense in Action



LEARNING TO CARE FOR THE WORLD WE LIVE IN

An interactive session on Civic Sense sparked awareness among our boarders about the importance of public responsibility. Through fun games and real-life scenarios, students explored how small actions like cleanliness, courtesy, and discipline lead to big impacts in society.

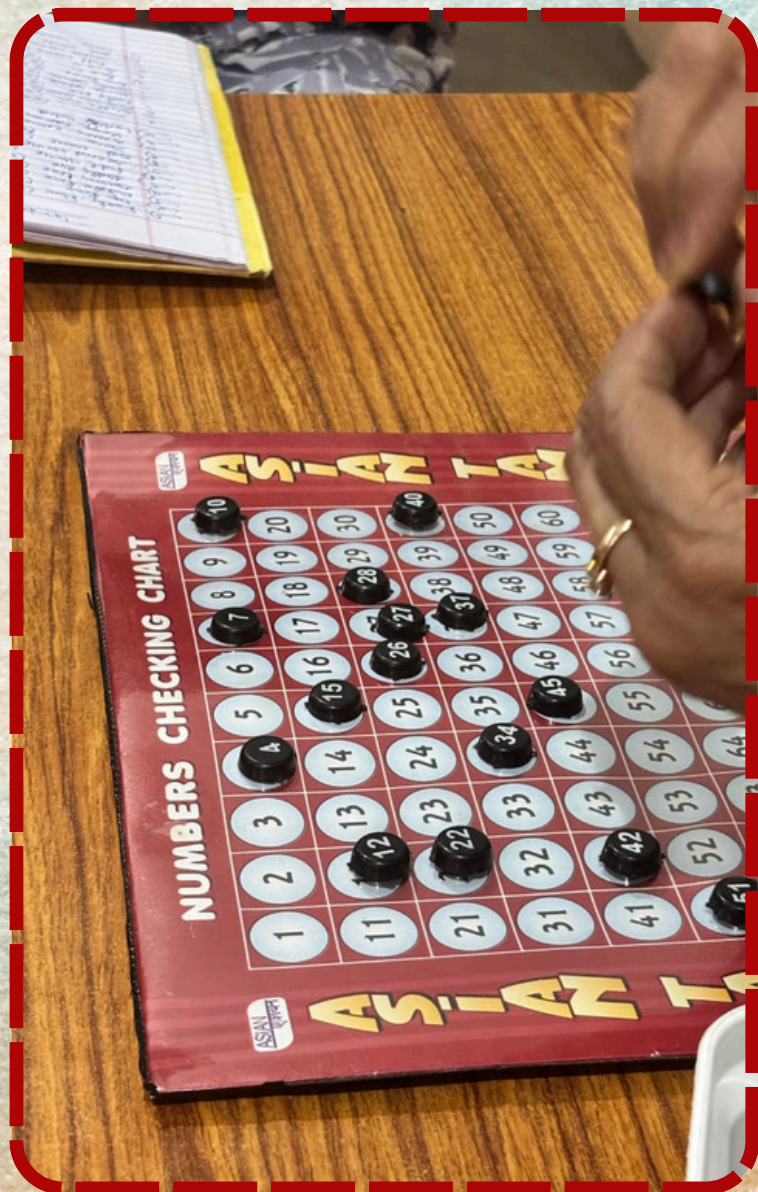


Tambola Time!

A SUNDAY EVENING FULL OF CHEER AND NUMBERS

Laughter echoed through the hostel corridors as students played Tambola — a game that brought everyone together in a spirit of fun and bonding. The excitement of winning and the thrill of participation made it a perfect Sunday rewind!

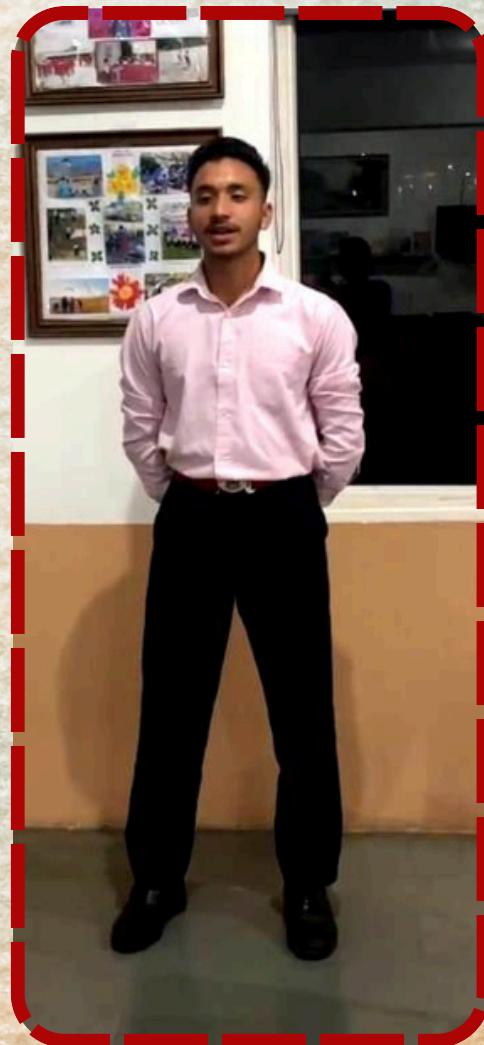
GAME

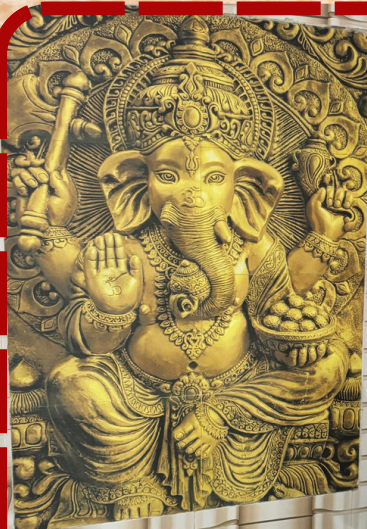


☀️ Becoming the Best Version of Ourselves

PERSONALITY DEVELOPMENT FOR BRIGHT, BOLD FUTURES

In a dedicated session, students explored key life skills — communication, confidence, goal-setting, and more — through interactive exercises. This programme became a stepping stone towards self-awareness and leadership, helping our boarders shine from within.

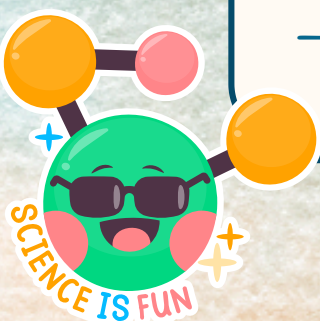




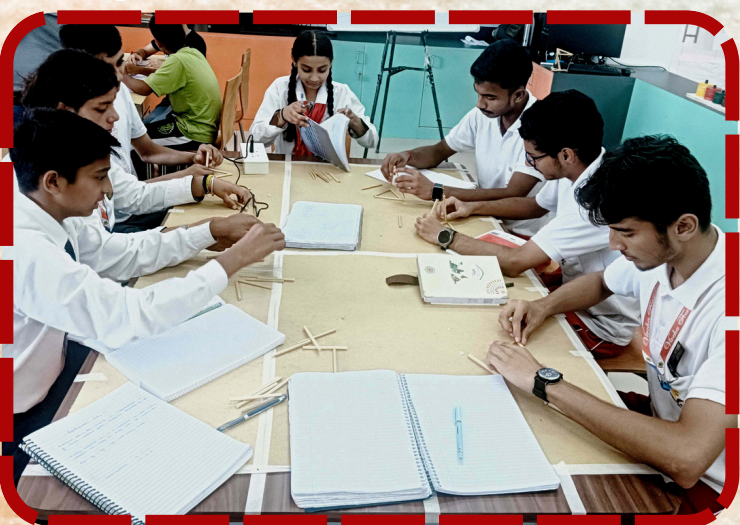
Science Talk: Through the Eyes of Our Students

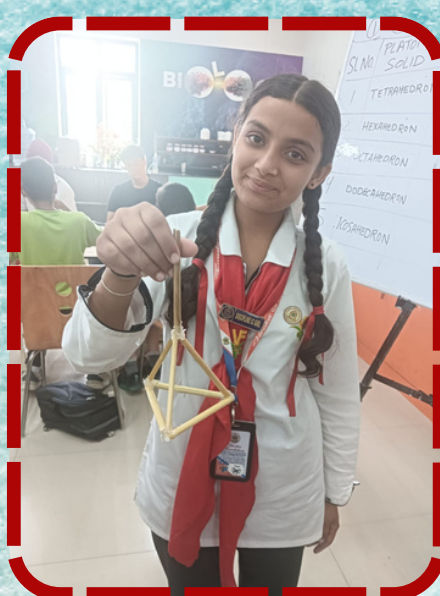
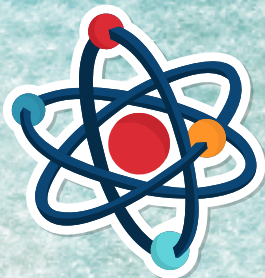
SHARING REFLECTIONS ON A DAY OF DISCOVERY

After an exciting visit to the Science Centre, the boarders took time to reflect and share their learnings. With shining eyes and curious minds, they spoke about the exhibits that amazed them — showing how true learning often begins with wonder.

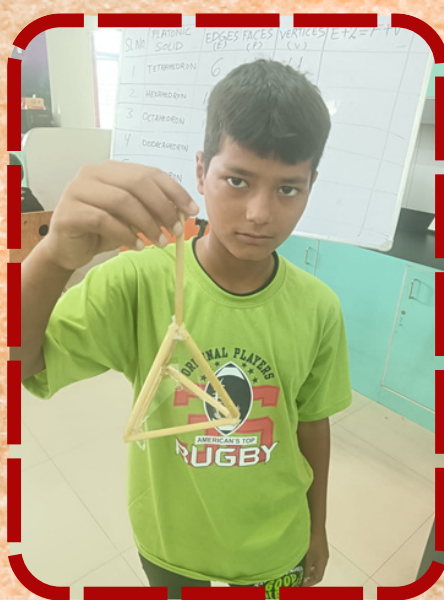
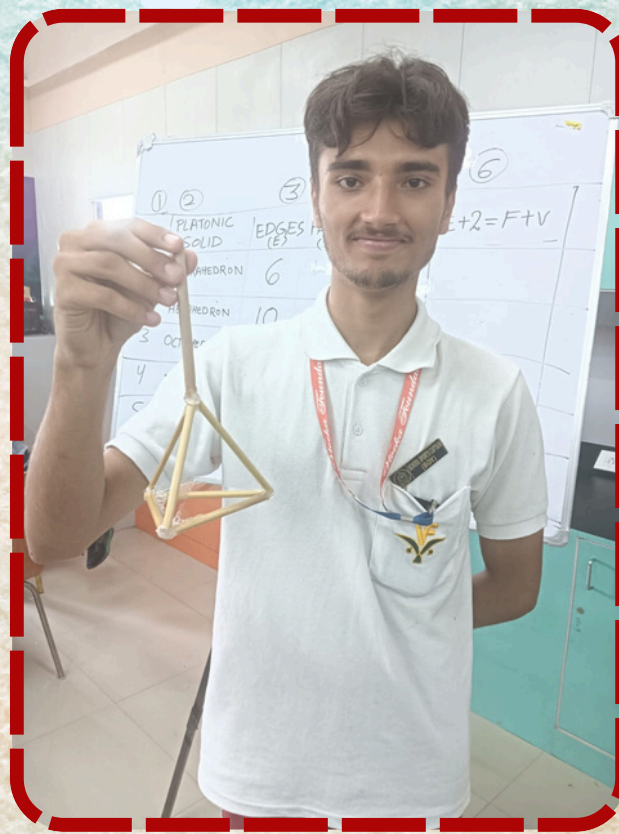
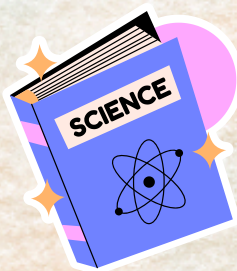
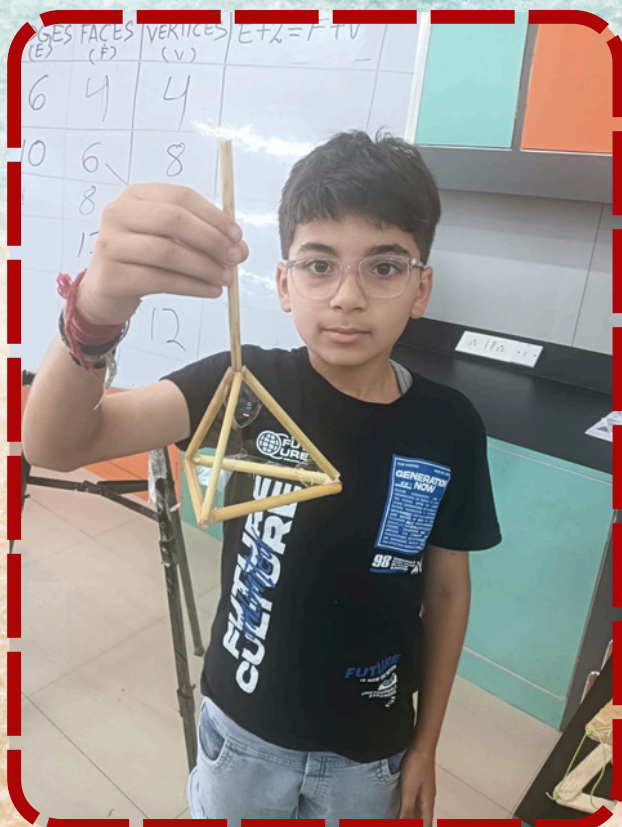
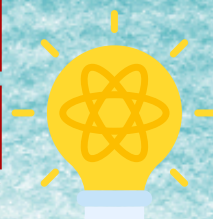


$$E=mc^2$$





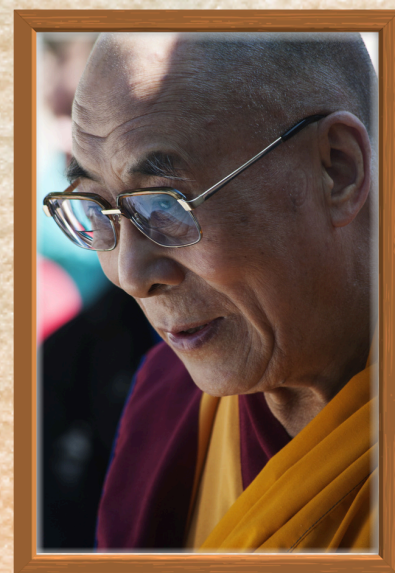
SCIENCE



A Day of Reverence & Joy

CELEBRATING THE BIRTHDAY OF THE 14TH DALAI LAMA

The boarding family came together to honour the 14th Dalai Lama's birthday with heartfelt reverence. The serene gathering resonated with his teachings of compassion and wisdom. Students participated in prayers and reflections, making it a soulful and uplifting occasion.



✨ Celebrating with Smiles

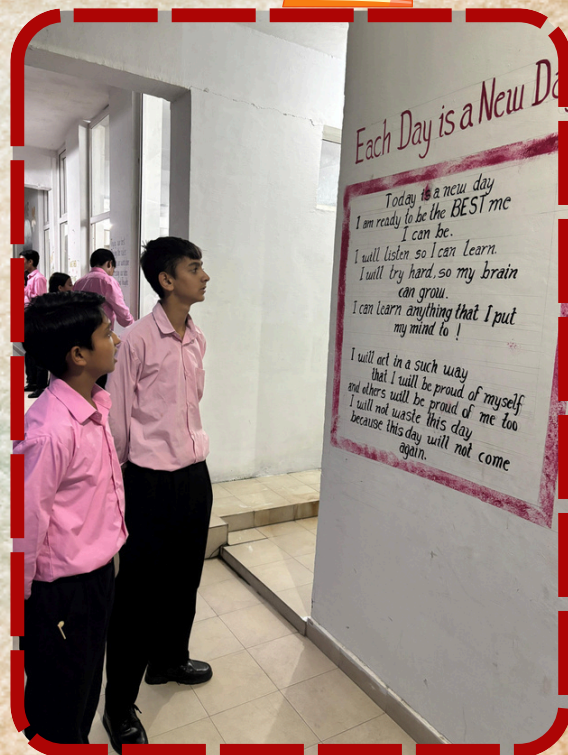
"CELEBRATING LEADERSHIP, LOVE, AND LAUGHTER."

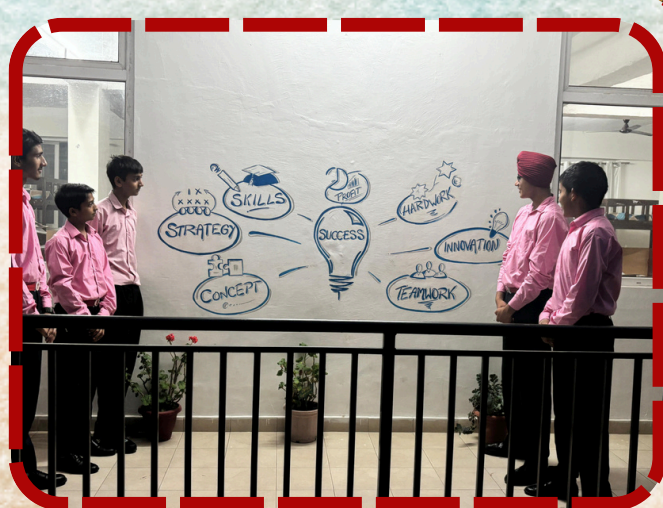
On the occasion of Director Ma'am's birthday, 18th July 2025, the Boarding House of Viveka Foundations celebrated a vibrant Monsoon Evening. The festivities included wall reading, a thrilling treasure hunt, and fun-filled Bhelpuri making. Students also poured their love into crafting handmade birthday cards for Ma'am. The celebrations continued with a bonfire, jalebi party, and a joyful dance session. It was an evening full of smiles, laughter, and togetherness — a perfect blend of celebration and bonding!



Blessed

**LEARNING
EVERYDAY**





make
'GOOD'
Memories



JOY GROWS WHEN SHARED TOGETHER



**“The greatest
religion is to be
true to your own
nature.
Have faith in
yourselves.”**

